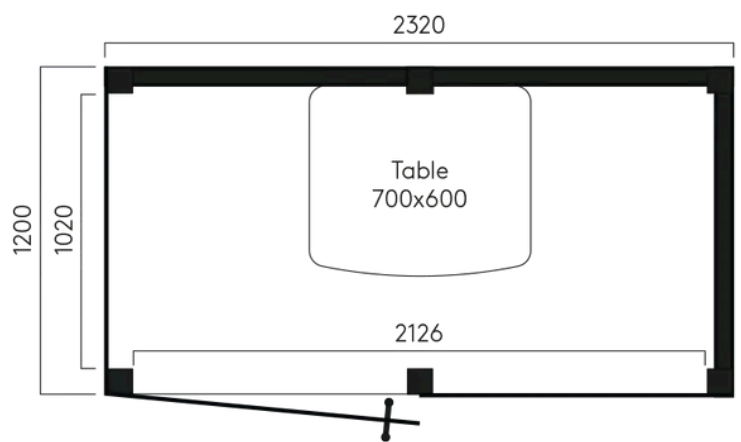


Detailed specifications

Zen Pod Medium

Every size of Zen Pod is available in two versions

Technical specifications



Dimensions

External: 1200x2320x2310 mm

Internal: 1020x2126x2100 mm

Weight

504.34 kg

[Download point load information \(https://cdn.sanity.io/files/dcyf2he7/production/beddba1de43e0e0abdd34115063c85cab64764ac.pdf\)](https://cdn.sanity.io/files/dcyf2he7/production/beddba1de43e0e0abdd34115063c85cab64764ac.pdf)

Walls

Two angled walls with upholstered sound-absorbing panels on both sides. The wall contains a sound-blocking and sound-absorbing element of recycled acoustic filling.

Glass door and walls

Sound control laminated glass. Self-closing, left-hung door on hidden hinges. Handle made of oak.

Floor

Woven contract bouclé carpet. The floor contains a sound-blocking sandwich element of chipboard, heavy-layer and recycled acoustic filling. Height-adjustable, hidden feet and wheels for easy adjustment.

Ceiling

Upholstered, sound-absorbing ceiling panel in black Gabriel Focus fabric. Ventilation and shallow-angle LED lighting integrated within the entire inner ceiling frame.

Frame

Coated, post-consumer recycled aluminium.

Ventilation

- Adjustable three-level ventilation flow
- Capacity: 43 L/s

Control location:

- Without fixed desk – located on inner wall
- With fixed desk – located on the desk

Lighting

Shallow-angle LED trailing light in ceiling:

- 7.2 W/m
- 3000 K
- 880 lm/m

Center LED light in ceiling:

- 14.4W/m
- 3000 K
- 1760lm/m

Spotlights (only Zen Pod Advance)

- 2x4.5 W
- 3000 K
- 300 lm
- 36-degree angle

Control location:

- Without fixed desk – located on inner wall
- With fixed desk – located on the desk

Power sockets

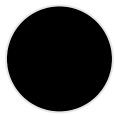
- 2x230 V
- Located on inner walls
- Standard sockets: EU Schuko, DK, UK, or USB.
- 5 m cord connected to roof or 2.5 m to floor.

Materials and colours

Zen Pod Medium Essential

- Painted black RAL 9005. Wooden parts in black stained oak.
- Walls upholstered in Gabriel Focus Melange, choose between 7 standard colours
- Dark grey floor carpet from Fletco Carpets

Frame



Black RAL 9005

Wood parts



Black stained oak

Handle/fixed desk/slatted panel

Carpet



Fletco 377370 Charcoal grey

Wall fabric



Focus Melange - Gabriel 60309

Available in 7 standard colours



Zen Pod Medium Advanced

- Painted Nordic beige. Wooden parts in clear varnished oak.
- Walls upholstered in Kvadrat Re-wool 128
- Beige carpet from Fletco Carpet
- Beige recessed curtain
- Spotlights

Frame



Nordic Beige

Wood parts



Clear varnished oak

Handle/fixed desk/slatted panel

Carpet



Fletco 377200 Cobblestone

Wall fabric



Kvadrat Re-wool 128

Furniture and accessories

Zen Pod Medium is available in Clean configuration, delivered unfurnished, or as Conference, including custom-designed furniture for Zen Pod Medium: sofa with right and left modules plus a custom table in an optimized size.

Quality and certificates

Quality Tests

Acoustics

Absorption ISO 20189: $N_{10} = 1.4$

Speech Reduction ISO 23351: $D_{S,A} = 31.2$ dB, Class A

Quality

Follows Swedish Möbelfakta requirement specifications for furniture ensembles and enclosures. Tipping and safety according to EN 16121+A1 chapter 5.2.

Laminated safety glass according to EN 14449.

Flame resistance

Glass, steel, and aluminium

Non-combustible according to EU 1996-603 consolidated Decision A1

Acoustic filling

EN 13501-1: B-s1,d0¹

Carpet

EN 13501-1: Bn-s1²

Upholstery

EN 1021-1 & 2: Pass³

Swedish Möbelfakta

A reference and labeling system for furniture that sets requirements for product quality, environmental impact, and social responsibility, called Swedish Möbelfakta. Certified products meet sustainability requirements set by an independent third party. Additionally, requirements are continuously tightened and developed from a life cycle perspective. All our certified products can be viewed on Möbelfakta.se. We strive to certify all our products according to Möbelfakta.

[Learn more \(https://products.mobelfakta.se/Details.html?id=2272\)](https://products.mobelfakta.se/Details.html?id=2272)

Acoustic Facts

The acoustic values of our sound-absorbing products are presented on AcousticFacts.com, where products can be compared objectively. This ensures that all technical data is accurate and meets international, European, and Swedish standards.

[Learn more \(https://www.acousticfacts.com/en/products/zen_pod_m\)](https://www.acousticfacts.com/en/products/zen_pod_m)

References

1. CE Produkter Soundfelt ↩
2. Fletco Carpets Nordic Living ↩
3. Gabriel Focus Melange & Kvadrat Re-wool ↩

Material specifications

A specification of the materials used in this product is available. This applies to the specific variation declared below. Weights may vary between products and will be different for other variations and with included furniture solutions for the product.

Material content of Zen Pod Essential Clean Medium¹

Material	Specification	Weight (kg)	Share (%)
Glass	Wall and door	139.00	27.6
Aluminium	Frame profiles	94.37	18.7
Wood	Chipboard, oak handle	92.39	18.3
Plastic and Rubber	Anti-vibration pads, wheel suspension, diffuser, sealing strips	72.05	14.3
Steel and Neodymium	Screws, connections, hinges, plates, neodymium magnets	46.65	9.2
Polyester	Acoustic polyester	40.77	8.1
Fabric	Upholstery and carpet	13.71	2.7
Electronics	LED lighting, sensor, fans, control unit, power cord	3.71	0.7
Zinc	Fittings	1.44	0.3
Adhesive	Adhesive film	0.25	0.1
Total		504.34	100
Packaging – Wood	Pallet and boards	54.39	
Packaging – Cardboard	Boxes	14.30	
Packaging – Plastic	Bags, straps and protection	4.45	
Packaging – Other	Paper tape	0.07	

References

1. Weights may vary ↩

Sustainability

Abstracta's sustainability focus

- Reduced climate impact
- Circular materials and products
- Responsible supply chains

ISO 9001, ISO 14001 & ISO 45001

Abstracta is certified according to the ISO management systems for quality, environment, and occupational health and safety.

We and our suppliers need to commit to Lammhults Design Group's Code of Conduct.

Global Goals

The UN Sustainable Development Goals are the basis of our environmental work. We focus on the five goals to which we can contribute most.

Goal # 3 – Good health and well-being

Goal # 8 – Decent work and economic growth

Goal # 12 – Responsible consumption and production

Goal # 13 – Climate action

Goal # 15 – Life on land

Circularity

Zen Pod Small¹

Share of recycled materials ~ 18%

Share of renewable materials ~ 21%

Zen Pod Medium²

Share of recycled materials ~ 18%

Share of renewable materials ~ 20%

Zen Pod Large³

Share of recycled materials ~ 19%

Share of renewable materials ~ 20%

Zen Pod XL⁴

Share of recycled materials ~ 17%

Share of renewable materials ~ 20%

ε

Zen Pod XXL⁷

Share of recycled materials ~ 17%

Share of renewable materials ~ 20%

Recycled contents

Aluminium frame: 75% recycled

Polyester filling: 50% recycled

Wall upholstery: 45% recycled⁶

Wood chipboards & oak details, wool upholstery

Refurbishment & recycling

The product is easy to dismantle which enables refurbishment when needed and simplifies recycling at the end of the products life.

Abstracta's reuse service

We offer a reuse service for our customers. This means that we collect used sound absorbers and other products for renovation, reuse or recycling. Contact our sales support team for more information.

References

1. Zen Pod Small Clean ↩
2. Zen Pod Medium Clean ↩
3. Zen Pod Large Clean ↩
4. Zen Pod XL Clean ↩
5. Zen Pod XL Clean ↩
6. Zen Pod Advanced only ↩

Care instructions

Carpet

Vacuum regularly.

Glass walls

Lightly soiled glass surfaces can be cleaned with lukewarm water. Wipe dry with a dry cloth. Clean regularly with regular window cleaner.

Inner ceiling made of textile

To preserve color and appearance, the fabric should be vacuumed regularly with a soft nozzle.

Aluminum frame, interior

Clean if necessary with a clean and damp cloth, possibly with a little pH-neutral cleaning agent.

Outer roof, including fan grate

Vacuum with a soft brush regularly.

Fixed tabletop

Wipe off regularly with a damp cloth and pH-neutral cleaning agent, alternatively a mixture of water and soap.

Door hinges

Lubricated regularly, but at least once/year.

Textile walls

To preserve color and appearance, the fabric should be vacuumed regularly with a soft nozzle.

Stain Removal for polyester:

- Use colorless towel or a washcloth to absorb as much as possible of still-moist stain.
- Dried spots should be vacuumed.
- Wet the stain sparingly with a clean white cotton cloth, lukewarm water and possibly a little pH-neutral detergent.
- Dab the area with a dry cloth or colorless paper towel to absorb the moisture and stain.
- Repeat this process until the stain is gone.
- On the final repetition, use only clean water with no detergent added.
- Finish by dabbing up moisture with a dry cloth or paper towel.

Stain removal for wool:

- Dab or wipe gently with a damp cloth